



Potty Training Schedule

SCHEDULE

- * How often should I take my dog to potty?
 - * Before and after meals
 - * After drinking water
 - * Before and after 15–20 minutes of play
 - * Before going to sleep, and after waking up
- * As a general rule, puppies can “hold it” as many hours as they are months old, give or take an hour depending on size, breed, and stress. For example, a 3-month-old Golden Retriever puppy should be physically capable of “holding it” for a maximum of 3 hours when relaxed. We double that number for nighttime when their metabolism slows, but this also depends on the individual.
- * Adult dogs typically can be expected to go for a maximum of 6–8 hours without an opportunity to eliminate, depending on the dog.

WHEN TO SEE A VETERINARIAN

- * Frequent urination or defecation, strong smelling or concentrated urine, discolored urine or feces, soft stool or diarrhea, not avoiding urine or feces, playing in the urine or feces.
- * These issues are either medical (diet, infection, parasites, etc.) or behavioral (stress, anxiety, etc.) and need to be addressed immediately.